

THE FISH REVIEW



March 2025

Dear Friends of FISH,

March has been an exciting month at FISH of Roseburg! We officially launched our new Saturday hours, and our very first weekend was a success—14 families visited the pantry, and 13 of them were brand new to our services. It was incredible to see the impact of offering more accessible hours, ensuring that more families can get the food they need.

A huge thank you to Noah Chavez and the KEZI9 team for sharing the news about our expanded hours! Your coverage helps us reach even more people who may need our services.

This month, I also had the privilege of speaking at The First Presbyterian Church to share the story of FISH, our mission, and how we serve the community. It was a great experience, and I'd love to do more of this! If your group, church, or organization would like to hear more about the work we do and how you can get involved, I'd be happy to come and speak—just let me know!

Another exciting part of our growth has been welcoming other agencies to table at the pantry while we are open. It has been wonderful to see our clients engaging with UCC STEAM Hub, ADAPT, and WIC—not only getting valuable information but also enjoying the fun swag that comes with it! Just yesterday, ADAPT helped us all put together Take a Break kits, which included fidget items and stress-relief tools. They were a huge hit with both clients and volunteers alike!

We're also looking for local businesses to become FISH First Responders—trusted partners we can call on when we need specific items to help serve our clients. Whether it's extra food, hygiene products, or other essentials, having businesses ready to step in makes a huge difference in how we respond to urgent needs. If you or your business would like to be part of this initiative, please reach out to me at afishcalledjenn@gmail.com for more details!

As we continue to expand and find new ways to support our neighbors, I am so grateful for the partnerships and community connections that make our work possible. Thank you all for being a part of this journey!

With gratitude,
Jenn Reida
Executive Director, FISH of Roseburg



Standing Strong Through the Storm 🌧️💙

Recent flooding has impacted many in our community, causing disruptions and hardships for families and businesses alike. At FISH of Roseburg, our commitment remains unwavering—no matter the challenges, we will continue to provide food and support to those in need.

If you or someone you know has been affected and needs assistance, please reach out. Together, we can ensure that no one faces hardship alone. 💙🇺🇸 #CommunityStrong #HereToHelp



*March 15th Shamrock Quest 12PM to 3PM
@ The Boys and Girls Club

*March 22nd (SATURDAY) Pantry open from
10AM to 1PM



How many families go through the FISH pantry
on average per month

Jen P	27th
Kathy S	21st
Toni B	17th
Valarie S	10th

WE LOVE OUR VOLUNTEERS

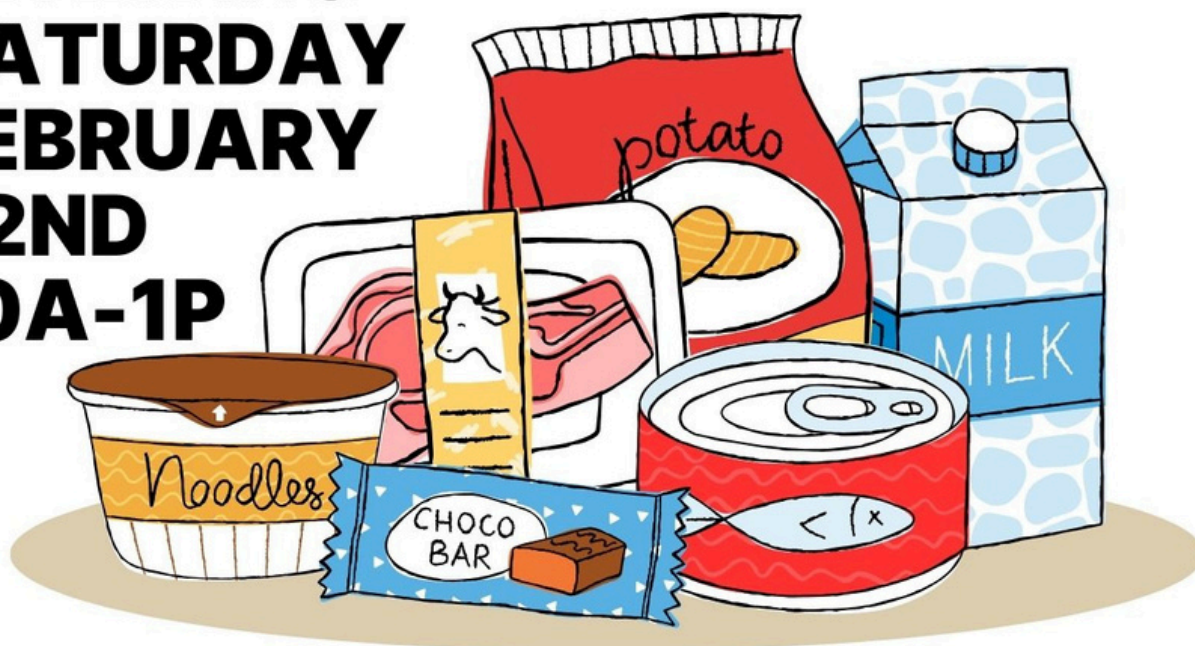


The FISH of Roseburg
FOOD PANTRY

OPEN 4TH SATURDAY

of each month

**STARTING
SATURDAY
FEBRUARY
22ND
10A-1P**



Exciting News!

To better serve our community, The FISH of Roseburg is extending our operating hours! 🌟 Starting Saturday, February 22, 2025, we will be open the 4th Saturday(10am-1pm) a month to ensure more families have access to the food and resources they need.

Whether you're balancing a busy schedule or can't make it during the week, we're here to help. Together, we're working to ensure no one in our community goes hungry. 🧡

#FishOfRoseburg #FeedingHope #CommunitySupport

DROP-OFF LOCATION



The FISH of Roseburg

405 Jerry's Drive, , Roseburg, OR 97470

How You Can Help

- **Donate Your Time:** Join our team of amazing volunteers and make a difference in your community!
- **Donate Items:** Help keep our shelves stocked by donating non-perishable food, toiletries, or other pantry essentials.
- **Donate Funds:** Support our mission by making a financial contribution. Every dollar helps us feed local families in need. Together, we can fight hunger and bring hope to our neighbors! 🧡

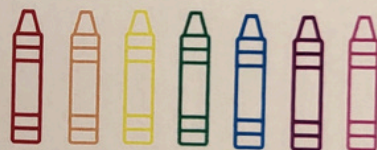
Volunteer Spotlight

NAME: TREVOR



FAVORITE COLOR

BLUE



AN ANIMAL I LIKE

CAT

SOMETHING I ENJOY DOING

Camping with my Family

THE SILLIEST FOOD I CAN IMAGINE

Spinach

March 14, 2025 8:55 AM

If you've been to The FISH of Roseburg, chances are you've met Trevor! He proudly lets everyone know that he's been here the longest—and we wouldn't have it any other way. Trevor has an impressive knowledge of what everyone drives, keeps our carts in order, and loves chatting with clients as they shop. When he's not helping out at the pantry, he stays active by participating in the Special Olympics. And if there's one thing Trevor loves just as much as volunteering, it's sweets—so if there's a treat nearby, he's sure to find it! We're lucky to have him as part of our team!



Those who can do,
do. Those who can
do more, volunteer.





**Thrive Umpqua will be
demonstrating a
healthier way to cook
Where: The FISH pantry
When: April 28th @ Noon
Please contact Jenn at
afishcalledjenn@gmail.com
to sign up**



Shamrock Quest

Hosted by Thundering Water



FISH Joins the Fun at The Shamrock Quest! 🍀🎨

We were thrilled to be a community partner for The Shamrock Quest at the Boys & Girls Club, hosted by Thundering Water! A huge thank you to Bella, Teresa, and Christina for helping make our quest a success.

Our activity station featured fruit and veggie stamp art prints 🎨 and a bean relay race 🌱—both were a hit with kids and families alike! It was a fantastic day filled with creativity, laughter, and community connection. We loved meeting so many wonderful people and sharing in the fun!

Thank you to everyone who participated—we can't wait for the next adventure! ❤️

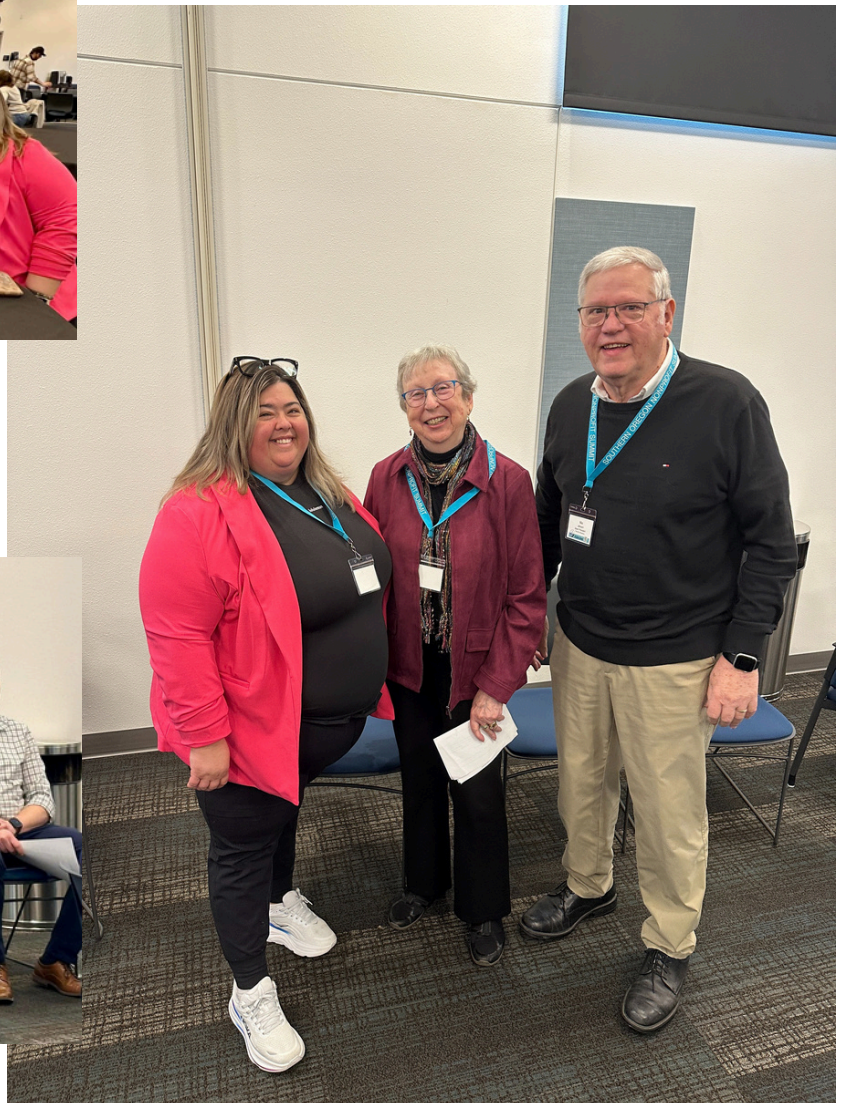




FISH at the Southern Oregon Nonprofit Summit!
We had an incredible time attending the Southern Oregon Nonprofit Summit at AVIVA Health! The event was filled with great speakers, amazing networking opportunities, and valuable insights for strengthening our impact in the community.

A special highlight was Penny Reed and Jenn Reida serving on the Executive Director/Board Member panel on the final day, sharing experiences and strategies for nonprofit leadership. Jenn also had the privilege of facilitating the Funders Panel, where powerful connections were made to support the vital work happening in our region.

We're grateful to have been part of such an inspiring gathering and look forward to building on the connections we made! 💙💡🌟



ISING EGG COSTS

With the rising cost of eggs it's becoming a challenge to buy them .
Here are some alternatives you can use instead of eggs.





SERVICE SUMMARY FOR FEBRUARY 2025

Families Served -939
Individuals Served- 2327



Family Size

1	418	5	96
2	165	6	39
3	111	7	40
4	99	8+	21

Age Group

0-4	114	45-64	565
5-17	424	65+	376
18-24	189		
25-44	558		

Volunteers- 84

Volunteer Hours- 659

Food Donations

Roseburg Food Project- 10,689

Churches & Community- 2,154



TRIVIA ANSWER

**900 families on average come to
the FISH food pantry every month**

